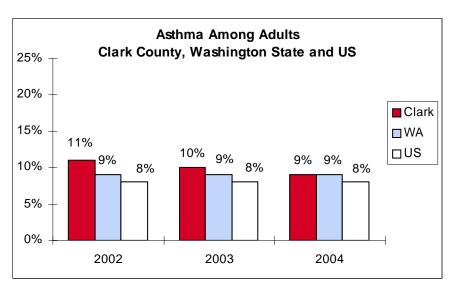
CLARK COUNTY ADULTS AND YOUTH PREVALENCE OF ASTHMA

Asthma is a lung disease that causes trouble with breathing and is one of the most common chronic diseases worldwide. Asthma can be life threatening if not properly managed. Washington State's asthma rate is among the highest in the United States. Obesity and cigarette smoking are associated with higher asthma rates. Limiting exposure to environmental triggers such as second hand smoke plays an important role in asthma management. 1,2

Prevalence of Asthma – Adults

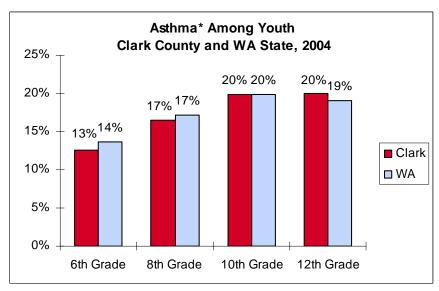
Current adult asthma prevalence is defined as having been told by a health professional that you have asthma and reporting that you still have asthma. About one out of ten (9%) Clark County residents reported having asthma in 2004. This is similar to the state and the nation.



Source: Clark County, Washington State and United States, BRFSS.

Prevalence of Asthma - Youth

Youth asthma prevalence is defined as having been told by a health professional that you have asthma. One out of five (20%) tenth graders in Clark County and Washington State reported having asthma in 2004.



*Percent of students told by health professional that they had asthma. Source: WA State Healthy Youth Survey 2004 Results, March 2005





References:

- 1. American Lung Association of Washington. Facts about asthma. Retrieved January, 2006 from: http://www.alaw.org/asthma/facts about asthma/
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- 3. Washington State Department of Health, Center for Health Statistics, Washington State Behavioral Risk Factor Surveillance System Coordinator. (2005). [unpublished data].
- 4. National Center for Chronic Disease Prevention and Health Promotion. *Behavioral Risk Factor Surveillance System*. Data retrieved September 2005 from various pages accessed through http://apps.nccd.cdc.gov/brfss/.
- 5. RMC Research Corporation. (March 2005). *Washington State Healthy Youth Survey 2004*. Portland, OR. Author.



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